

MARY GRETCHEN SIGWARD



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PROFESSIONAL EXPERIENCE

Mary Sigward + Artists
Khambatta Dance Company
Stone Dance Collective
Spectrum Dance Theater
Karin Stevens Dance
5th Avenue Theater

YEARS

2022-present
2019-present
2019-present
2015-19, 2022
2020-2022
2019

DIRECTORS

Mary Sigward
Cyrus Khambatta
Eva Stone
Donald Byrd
Karin Stevens
Bill Berry, James Rocco, Bob Richard

DANCE TRAINING

University of South Carolina
BA in Dance Performance, minor in Biology

De La Arts Place

School for Creative and Performing Arts

YEARS

2011-2015

2008-2011

2005-2008

INSTRUCTORS

Stacey Calvert, Susan Anderson,
Thaddeus Davis, Tanya Wideman-Davis,
Kyra Strasburger
Meridith Benson, Mario De La Nuez,
Amy Harold
Meridith Benson, Daryl Bjoza, Patricia Rozow

TEACHING EXPERIENCE

The School of Spectrum Dance Theater
Academy Coordinator; Ballet, Modern,
Donald Byrd Technique, Improvisation,
Pilates for Dancers, Anatomy for Dancers
Interim School Principal

Seattle Theater Group (Seattle, WA)
Youth Choreographic Lab Master Class

Port Angeles City Ballet (Port Angeles, WA)
Choreographic Master Class

Dance Fremont (Seattle, WA)
Guest Instructor, Pilates for Dancers

PMA® Certified Pilates Teacher, Vitality Pilates

YEARS

July 2017-present

August - December 2020

February 2024

October 2023-present

September-October 2021

April 2017-present

CHOREOGRAPHIC EXPERIENCE	LENGTH	PREMIERE
Nebeneffekte	10 min	September 13, 2024 in Seattle, WA at the MS+A production <i>Semblance of a Loop</i>
an arrangement in a system to pointing	7 min	June 16, 2024 in Seattle, WA at the 2024 Seattle International Dance Festival
In Translation	12 min	June 16, 2024 in Seattle, WA at the 2024 Seattle International Dance Festival
And Tomorrow	10 min	May 3, 2024 in Langley, WA by Island Dance Company (students)
Reflections	11min	September 29, 2023 in Cincinnati, OH by de la Dance Company
Spectacle	25min	June 14, 2023 in Seattle, WA at the 2023 Seattle International Festival as part of the James Ray Residency Program
sorry Clover	37 min	November 11, 2022 at YAW Theater, Seattle WA
Etude, Revisited	3 min	July 2022 at the Newport Dance Festival in Newport, RI
8'66" (co-choreographed with Ivana Lin)	7 min	June 11, 2022 at the 17 th annual Seattle International Dance Festival
Etude	3.5 min	July 2021 at the Newport Dance Festival in Newport RI
Vivus (film)	6 min	May 2021 at The School of Spectrum Dance Theater 2021 Virtual Academy Showcase, Seattle, WA
back-formation	5 min	February 2020 at 12 Minutes Max at Bast Arts Space, Seattle WA
Impetus	7 min	May 2019 at The School of Spectrum Dance Theater 2019 Academy Showcase, Seattle, WA
Momentum	4 min	May 2018 at The School of Spectrum Dance Theater 2019 Academy Showcase, Seattle, WA
Apex	5 min	April 2015 at the University of South Carolina Dance Department Studios, Columbia SC; performance was the culmination of Mary's Honor College Thesis

Benign

5 min

December 2014 at the University of South Carolina Dance Department's Student Choreography Showcase, Columbia SC

PERFORMANCE EXPERIENCE

MS+A

8'66"

Karin Stevens Dance
Stone Dance Collective
Khambatta Dance Company

YEAR

2020-present

2022

2021-2022

2020-present

2019-present

2019

2015-19, 2022

2018

2011-2015

2013- 2015

2012, 2014

2014

2013

2012

2012

2012

2011

2011

PIECES/ROLES

back-formation, sorry Clover,
Spectacle, In Translation

co-choreographer, dancer

A Pearl In Sorrow's Hand

Janus, Wander/Wonder

Earthquake, Endangered Species,
Dream in the Back of the Head, Begin Again,
Crowd Control, Damaged Goods,
Unusual Animals, What Now?
Jet Ensemble

Ravenna Verena, Strange Fruit, H.R. 3244,
Occurrence, (Im)Pulse, Rambunctious 3.0,
Shot, lolanta, A Rap on Race, Rambunctious 1,
Rambunctious 2.0, GeekSpeak, Drastic Cuts,
Jazz Train, The Minstrel Show Revisited

Sugar Plum Fairy

Western Symphony, Walpurgisnacht,
Emeralds (pas de trois),
Serenade (four Russian girls),
Stars and Stripes (short regiment leader),
Brahms-Schoenberg Quartet, Allegro Brillante,
Who Cares?, La Source

Lorde Give Us Strength,
Space/Structure/Bodies,
Scophilic Instincts

Crinkle, If Only I...

Company B (Pennsylvania Polka)

Great Galloping Gottschalk (Trios)

February 14, 2012

Bella Folia

Spring fairy, Winter fairy,
Ballroom dancer, Jester

Eight Jelly Rolls (ensemble)

Corps de ballet

West Side Story

(choreographed by Jerome Robbins, staged by Bob Richard)

Donald Byrd

Nutcracker (staged by Julie Tobiason)

George Balanchine (all staged by Stacey Calvert)

Tanya Wideman-Davis

Thaddeus Davis

Paul Taylor (staged by Cathy McCann Buck)

Lynne Taylor-Corbett

Helen Pickett

Gianni Di Marco

Cinderella (staged by Meridith Benson and Mario de la Nuez)

Twyla Tharp (staged by Katie Glasner)

Paquita (staged by Kyra Strasburger)

RESIDENCIES

bst residency (body, space, time)
University of Washington Dance Department
Seattle, WA

Moulin/Belle
Mareuil en Périgord, France

James Ray Residency
Seattle, WA
As part of the 2023 Seattle International Dance Festival

Vashon Artist Residency
Vashon Island, WA

The Studio @ 2+U, Hosted by Shunpike Arts
Seattle, WA

Centrum Artist Residency
Port Townsend, WA

Velocity Dance Center Creative Residency
Seattle, WA

Spectrum Dance Theater Creative Residency
Seattle, WA

DATES

August 22-31, 2023

March 17-28, 2023

January-December, 2023

October 17 - November 10, 2022

October-December 2021, April-June 2022

November 15-22, 2021

October-November 2020

January - March 2020

INTENSIVES AND WORKSHOPS

Flock Online Workshop
Alonzo King LINES Ballet Summer Intensive
Donald Byrd Workshop
Company E
Lemon Sponge Cake Contemporary Ballet
Visceral Dance Chicago
Mamluft & Co Dance
Hubbard Street Dance Chicago
Complexions Contemporary Ballet

YEAR

2020
2018
2015/2012
2015
2015/2014
2015
2015/2011
2014/2013
2012